

# OTTER TRAIL GUIDE

## DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

## DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

## DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

## DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

## DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

## TIDES MAR 2023

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0615	1905	0013	1235	0640	1919
2	0616	1904	0146	1347	0747	2007
3	0617	1903	0225	1429	0824	2039
4	0618	1901	0255	1503	0853	2106
5	0619	1900	0323	1533	0920	2132
6	0620	1859	0350	1602	0946	2157
7	0620	1857	0416	1629	1013	2222
8	0621	1856	0443	1656	1040	2247
9	0622	1855	0509	1723	1107	2312
10	0623	1854	0537	1750	1135	2338
11	0624	1853	0605	1819	1204	---
12	0624	1851	0635	1850	0007	1235
13	0625	1850	0709	1927	0039	1312
14	0626	1848	0753	2018	0119	1359
15	0626	1847	0858	2156	0216	1512
16	0627	1846	1110	---	0408	1835
17	0628	1844	0049	1310	0659	1943
18	0629	1843	0150	1410	0757	2026
19	0630	1842	0237	1456	0841	2104
20	0631	1840	0318	1537	0921	2138
21	0631	1839	0357	1614	0959	2211
22	0632	1838	0434	1649	1034	2242
23	0633	1836	0509	1722	1108	2312
24	0634	1835	0541	1753	1139	2341
25	0635	1834	0612	1822	1209	---
26	0635	1832	0641	1849	0009	1239
27	0636	1831	0711	1919	0037	1309
28	0637	1830	0744	1956	0109	1347
29	0638	1828	0836	2118	0155	1446
30	0639	1827	1206	---	0618	1839
31	0639	1825	0114	1321	0722	1934

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

